

Probiotic Myths and Facts



Debunking the Myths About Probiotics

Myths About Probiotics	Facts About Probiotics	UltraFlora® Women's
All probiotic strains are created equal.	Only a handful of probiotic strains have been clinically shown to support human health.	Features <i>L. rhamnosus</i> GR-1® and <i>L. reuteri</i> RC-14®, two probiotic strains shown to specifically target women's health.*
Better quality probiotics don't require temperature-controlled environments.	Even well-designed probiotics can be reduced in potency and efficacy if handled carelessly or exposed to heat during shipping or storage.	Stored at 34° F before shipping and shipped with ice packs to help ensure quality.
The higher the potency of a probiotic, the better the results.	The potency or dosage should be based on published scientific and clinical data on specific strains.	Features 2 billion CFUs of a 50:50 blend of <i>L. rhamnosus</i> GR-1 and <i>L. reuteri</i> RC-14—the clinically effective dose of each probiotic strain.*
Guaranteed potency at the time of production and expiration is the same thing.	Only products that guarantee potency at expiration assure reliable dosing from start to finish.	Potency guaranteed through the date of expiration to ensure reliable dosing.




UltraFlora® Women's

The one probiotic formula every woman should know about



Give Yourself the Balance Your Body Needs

UltraFlora Women's is available by:

-  Mail order from your physician
-  Call 844.966.3600 to place an order
-  Visit our website at MetaDispensary.com

Reference:
1. Reid G, et al. *FEMS Immunol Med Microbiol.* 2003;35(2):131-134.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GR-1® and RC-14® are Trademarks of Chr. Hansen A/S.



Finding and Maintaining a Healthy Balance

A woman's body may be constantly challenged by changes in lifestyle factors such as stress, diet, or medications that can disrupt the delicate vaginal pH and microflora necessary for good feminine health.

Get the Balance Right with Strain-Specific Probiotics

Specific probiotic strains can have different effects on health, including the support of vaginal microflora balance and well-being.* UltraFlora® Women's features a 50:50 blend (2 billion CFUs) of two strains that have been extensively studied specifically for their effects on vaginal flora—*Lactobacillus rhamnosus* GR-1® and *Lactobacillus reuteri* RC-14®.* Both strains have been shown to increase the number of beneficial bacteria called lactobacilli and help promote balanced vaginal microflora.*¹

- Helps maintain a healthy vaginal microflora by increasing the number of beneficial bacteria such as lactobacilli*
- Helps colonize the vaginal tract when administered orally*¹
- Backed by clinical trials that demonstrate support of healthy vaginal microflora*
- Oral dose in just one daily capsule
- Guaranteed potency and viability through date of expiration

Why UltraFlora Women's Probiotic Formula?

UltraFlora Women's is specially formulated to support vaginal and urogenital health by utilizing two clinically tested probiotic strains backed by more than 20 years of laboratory research and 10 years of clinical evaluation to support safety and efficacy.*

How Do Oral Probiotics Reach the Vaginal Tract?

It takes a proven probiotic strain to survive the gastrointestinal tract and remain effective for supporting women's health.* The probiotic strains in UltraFlora Women's, *Lactobacillus rhamnosus* GR-1 and *Lactobacillus reuteri* RC-14, have demonstrated the ability when taken orally to travel from the gastrointestinal tract to the vaginal tract.¹

